## **NEWS** LETTER







### LEADERSHIP IN EDUCATIONAL EXCELLENCE AWARD RECIPIENTS!

year (other Covid) Every than teachers nominate two of their colleagues to receive the LEEA Award. Recipients are selected for serving as an example for their coworkers, positive thorough leadership, knowledge of subject matter curriculum and instruction, and to improve seeking to reach maximum potential. This year's recipients are Mrs. Reeves, Special Education and Mrs. Schneider, gr. 3. Congratulations!!!





# ADVENTURE IN THE BIG WOODS!

The big woods offer many opportunities for learning for students at oak hill. classes can take daily hikes with a teacher during recess to experience the beauty of nature. Other classes take the opportunity to go into the big woods for science related activities or to be inspired with their writing. we know that being in nature can also provide a sense of peace and calm, supporting good health and wellness. We recently added the outdoor learning space, pictured above as another option to learn in and from nature. this area is located behind the tennis courts on the oak hill campus.

## Important Dates and Deadlines:

APPAREL ORDERS ARE DUE THIS SUNDAY,
OCTOBER 16TH. THE LINK CAN BE FOUND ON THE
OAK HILL WEB PAGE OR ON THE ANNOUNCEMENT
IN SEESAW FROM FRIDAY, OCTOBER 7TH.

## CONSCIOUS DISCIPLINE BY DR. BECKY BAILEY

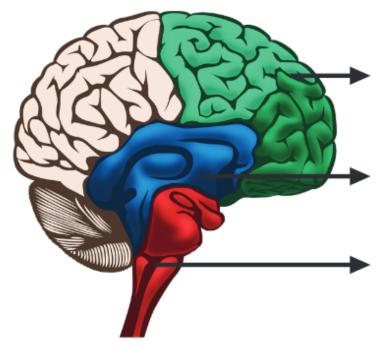
Parents might have noticed Brain State Posters in classrooms or hallways during conferences.

These greatly simplified posters help our students understand how behavior responses and feelings are processed in the brain. This knowledge is very powerful for students as they learn to develop self control and experience emotions.

### Classroom Calming Space



### Conscious Discipline Brain State Model



#### **Executive State**

**Need:** Problem solving opportunities **Looks like:** Wisdom, unlimited skills

Message: What can I learn?

#### **Emotional State**

**Need:** Connection

Looks like: Back talk, sass, yelling,

verbal reactions

Message: Am I loved/connected?

#### **Survival State**

**Need:** Safety

Looks like: Hiding, fighting, surrender,

physical reactions **Message:** Am I safe?